



How to self-refer to physiotherapy

Edinburgh Community Physiotherapy Musculoskeletal Out-Patient Service

Do you have a muscle or joint problem?



You will need to complete and send us a self-referral form

Forms and referral criteria can be found at <https://services.nhslothian.scot/ECPS/Pages/default.aspx> or by scanning the QR code below:



Completed forms to be sent to:

Physiotherapy Department
Slateford Medical Centre
27 Gorgie Park Close
Edinburgh
EH14 1NQ

If your referral is not suitable for physiotherapy we will contact you to let you know.

For advice and self-care information that can help muscle and joint problems, visit www.nhsinform.co.uk